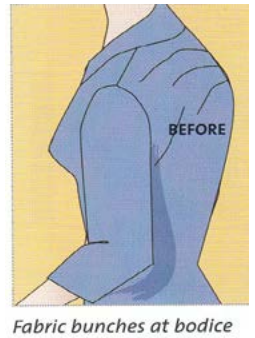


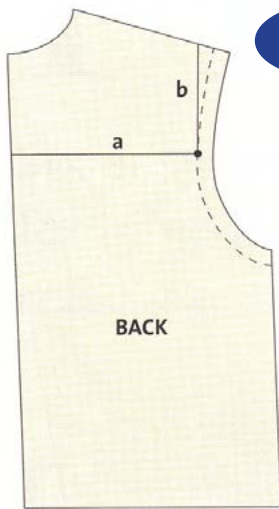
Round back or sloped shoulder adjustment

As women age or spend more time hovering over a computer or sewing machine, they become more round-backed. Wrinkles appear in the clothing, starting at the shoulder blades and angling outward and down. The same problem can occur if you are sloped-shouldered with no roundness at all. In either case, you need more fabric length down the centre back. The following alteration works on a pattern that is either cut on the centre-back fold or has a centre-back seam. This method eliminates the need to true the centre back seam (or foldline) or add a dart at the neckline or shoulder.



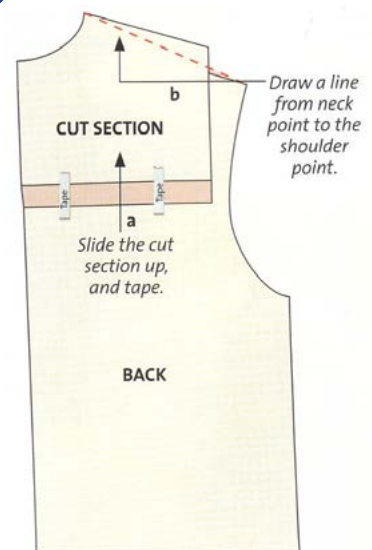
Step 1

Measure and mark the pattern. On the back pattern piece, measure halfway down the armscye and draw a horizontal line perpendicular to the centre back (a). Starting at the armscye end of the first line, draw a perpendicular line up to the shoulder seam (b) as shown at left.



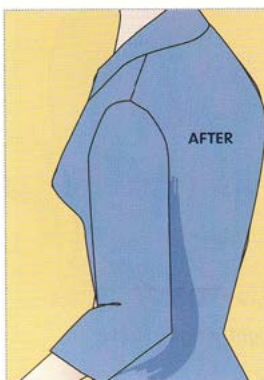
Cut and adjust the pattern. Start at the centre back, cut along the horizontal line and stop at the seam line. Then, from the shoulder, cut along the vertical line to meet the first cut line. Place a piece of paper under the pattern. Slide the cut section straight up (a). The range of separation is from 1/2 to 1 1/2 inch, depending on the severity of the curvature. Keep the centre back line straight and do not separate the pattern at the vertical line. Tape the section in place as shown at right.

Step 2



Step 3

Draw the new shoulder seam. Restore the shoulder seam by drawing a line from the neck point to the shoulder point at the armscye (b). Trim the excess paper.



Add room at center back.